

STAYING HEALTHY, SAFE AND WELL						
Building strong foundations	Ref	Commitment	Actions	Links to other plans/strategies	What does success look like?	Dashboard Indicators
	D1	Health and equity in all policies: We will prioritise a health & equity in all policies approach to all we do.	D1.1 Increase awareness of Health in All Policies (HIAP) principles and increase the use of Health Impact Assessment (HIA) processes across decision-making, strategies and policies within Leicestershire Health and Wellbeing Board member organisations, ensuring training, implementation and shared learning are integrated throughout		Health and Equity in all policies approach successfully embedded across the Leicestershire Health and Wellbeing Board member organisations.	
	D2	Healthy placemaking: We will work together to shape healthy places and create strong, connected and resilient communities where everyone can thrive	D2.1 Strengthen routine health and wellbeing considerations in planning and policy through the use of health impact assessments, alongside pilot approaches and shared learning. D2.2 Creating places that support health and wellbeing by shaping environments where people can connect, participate and thrive. Including social and community factors, environmental conditions, and access to amenities improving travel and active design, enhancing access to nutritious food and supporting active lifestyles through collaboration with local stakeholders. D2.3 We will deliver the Physical Activity Framework, by working with our partners to create a high quality network of formal and informal spaces to live, work, travel and play.	NHS 10 Year Plan ICB 5 Year Plan LCC Strategic Plan Transport Planning Strategy (2025 – 2040) Supports the Local Nature Recovery Strategy LCC Environment Strategy LCC Action for Nature 2050 Net Zero Leicestershire Action Plan	Evidence that appropriate, equitable infrastructure (including health services) is in place for the planned housing growth addressing health inequality through design and use of health impact assessments. Routine use of health impact assessments in planning, transport and development. Collaboration with planners & licensing officers to influence the local environment, including limiting clustering of fast food, alcohol and gambling outlets, and assessing their potential impacts on the local community. Increased access to and availability of green community assets & green spaces. Expansion and/or improvement of active travel infrastructure with increased uptake of walking, cycling and sustainable transport Reduction in air pollution and its impact on health. Sustained improvement in the employment rate. Sustained improvement in the percentage of working days lost to sickness absence and improved employee wellbeing. Reduction in fuel poverty and fewer households living in cold or energy inefficient homes (affordable warmth) Stronger community cohesion with increased local participation	B16 -Utilisation of outdoor space for exercise of health reasons Percentage of adults cycling for travel at least 3 day per week percentage of adults walking for travel at least 3 day per week D001 - Fraction of mortality attributable to particulate air pollution Air pollution fine particle matter Percentage of people in employment Bo9b - Sickness absence - the percentage working days lost due to sickness absence Fuel Poverty Violent crime - violence offences per 1,000 population
	D3	Healthy workplaces and local economy: We will work with employers and local organisations to create fair, inclusive and healthy workplaces, helping more people to get into work and thrive in their jobs.	D3.1 We will strengthen system-wide understanding and coordination of employment and healthy workplace programmes, support the sharing of information/insights, help unlock delivery challenges and link to wider support services to help people stay in or return to work.			
	D4	Healthy homes: We will work together to make sure homes are affordable , safe, warm and of suitable quality and type, to support lifelong health and wellbeing.	TBC			
	D5	Healthy & safe communities: We will work together to build communities where people feel connected, supported and able to live healthy and well.	D5.1 Partners will work together to support cohesive communities through joined-up working, shared learning, collaborative engagement approaches and delivering coordinated support to existing and emerging initiatives that aim to build strong, resilient and connected communities.			
	E1	Supporting healthy choices and behaviours: We will offer support, information and opportunities that create conditions that make it easier for people to make healthy choices and reduce behaviours that cause harm to health.	E1.1 We will work in partnership to deliver the sexual health and drug & alcohol strategic plans collectively addressing challenges and championing integration E1.2 We will work in partnership to prevent harmful gambling and promote screening and signposting for those in need of treatment and support E1.3 We will strengthen system wide support to make sure our approach embeds making every contact count across our collective organisations including supporting investment in healthy conversation skills training E1.4 We will deliver the Physical Activity Framework, by working in partnership to create appropriate opportunities and pathways across the life-course and supporting others to consider their role and how they facilitate physical activity in their decisions.	NHS 10 Year Plan ICB 5 Year Plan Leicestershire Food Plan LCC Strategic Plan	Implementation of healthy conversation skills training across the network with frontline staff equipped to have health promoting conversations. Reduction in the percentage of adults who are overweight Sustained improvement in the percentage of active adults. Sustained reduction in the percentage of inactive adults Reduction in alcohol related hospital admissions Sustained reduction in smoking prevalence	C16 - Overweight prevalence in adults Percentage of Physically active adults Percentage of active and inactive adults Admission episodes for alcohol-related conditions Hospital admissions due to substance use C18 - Smoking prevalence in adults

Enabling	E2 Healthy weight, food & nutrition: We will work together to create healthier food environments and promote good nutrition.	E2.1 We will work together with partners, businesses and communities to achieve Gold Sustainable Food Places status for Leicestershire. E2.2 We will continue to strengthen and expand the Whole System Approach to Healthy Weight, Food & Nutrition (including the role of physical activity) by engaging the most appropriate stakeholders	Strategic Approach to Food – in development Living & Supported Well Delivery Plan	Reduction in the rate of abortions Achievement of the sustainable food places gold standard award. Improvement in the percentage of adults meeting the '5 a day' fruit and vegetable consumption recommendation.	Achievement & maintaining gold standard food award Chylamidya testing, HIV Testing, abortion rate 5 a day fruit and vegetable data